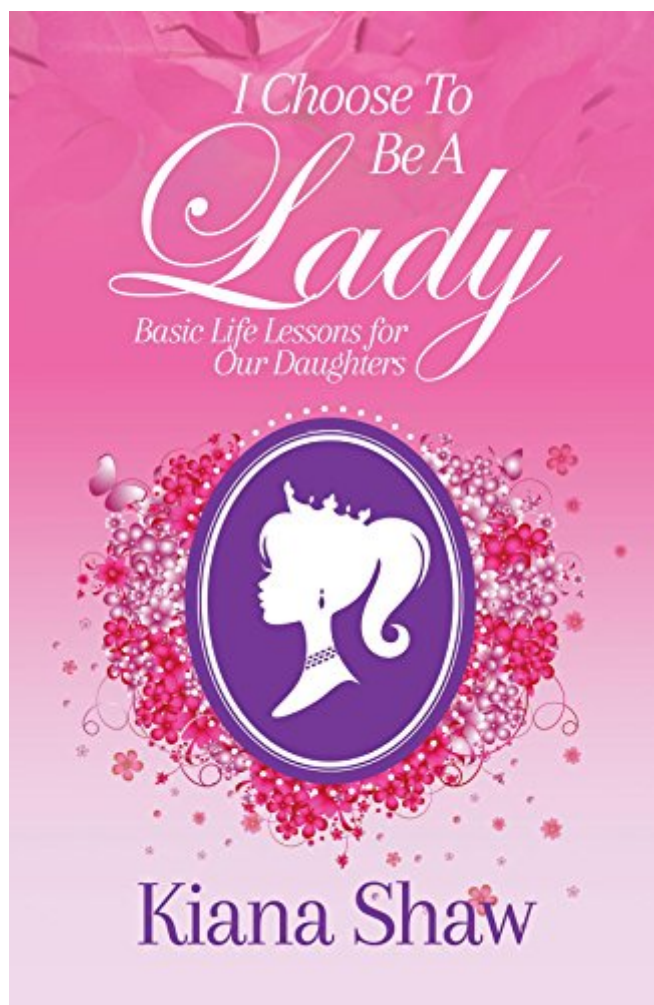


The book was found

I Choose To Be A Lady: Basic Life Lessons For Our Daughters



Synopsis

How do I work up the guts to tell my parents that I am being bullied? What do I say in the "sex talk" with my teen daughter? How do we grow into a family with strong self-esteem and goal-setting habits? All at once a guide, a workbook, and an organizer for one's thoughts, *I Choose To Be a Lady* answers all of the questions above and more. Hygiene and etiquette, sex and love, career growth and job-hunting, social media and privacy—author Kiana Shaw fearlessly covers the nitty-gritty topics that young people and parents need to know, but may not always feel comfortable talking about. Whether you are a young woman looking for guidance, an adult looking to help, or someone who simply needs a reliable voice to look up to, these chapters are an invaluable resource for you to survive and thrive in the most formative years of your life.

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Customer Reviews

AMAZING!!!! This book is the big sister I wish I had growing up. I had to buy additional copies as a gift, cause every young girls needs this book! There are topics in this book that no one explained to me as a teenager and I so wish they had. Hygiene, Self-Esteem, Social Media Etiquette, Bullying...these are just a few of the topics covered. I'm so grateful for this book and will definitely

share it with every young girl in my life!

I absolutely love this book!!! I have a daughter who is 8 and I am terrified of her becoming a teen. Talking about sex and encouraging self esteem is my biggest concerns. This book has really eased a lot of concerns I had and it touches on so many areas in life that women in general need help in. You need this book in your arsenal to help raise teenage girls!

AMAZING!!!! This book is the big sister I wish I had growing up. I bought the Kindle version of the book and had to buy additional copies as a gift, cause every young girl needs this book! There are topics in this book that no one explained to me as a teenager and I so wish they had. Hygiene, Self-Esteem, Social Media Etiquette, Bullying...these are just a few of the topics covered. I'm so grateful for this book and will definitely share it with every young girl in my life!

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